

# PRE-ANESTHESIA CHECKLIST

## 1 Schedule a Preoperative Appointment

- **WHO:** Schedule your preoperative appointment with your primary physician or pediatrician.
- **WHEN:** Schedule at least one week prior to your dental appointment.
- **WHAT TO REQUEST:** Inform your physician or pediatrician that you have been asked to schedule a preoperative for anesthesia by your dental anesthesiologist.
- **WHERE TO SEND:** Have your physician fax a copy of the exam report to (651) 788-8666.

**SPECIALIST NOTE:** If you or your child sees a medical specialist, we may need to receive clearance from the specialist to proceed with anesthesia.

## 2 Complete Your Online Information Packet

A link to our online health information portal will be texted and emailed to you. This link may also be found on our website:

Visit our website, [mwdentalanesthesia.com](http://mwdentalanesthesia.com). Click Resources, then Patient Documents, and finally Patient Forms. Provide all of the requested information.

[Click Here for Patient Forms](#)

## 3 Expect a 15–20 Minute Phone Call

A nurse will contact you within 2 weeks of your scheduled dental appointment to review the following:

- Your medical history
- What to expect the day of the appointment
- Any questions you have for yourself or your child
- Cost and payment of anesthesia services

## 4 Prep for a Successful Procedure

### NIGHT BEFORE PREP

- No solid food after 10pm unless otherwise instructed by your anesthesia provider. This includes all solid food, as well as all milk products.
- Water ONLY is allowed up until 3 hours prior to arrival.

### DAY OF PREP

- Wear 2-piece clothing that is loose-fitting and preferably short sleeves.
- Bring a blanket to keep warm during the procedure.
- A responsible adult must accompany you to the appointment. That person must stay at the office for the duration of the procedure and stay with you for a minimum of 6 hours after the procedure is complete.

### NOTES FOR CHILDREN

- Do not dress children in a romper, dress, footed leggings, or footed pajamas.
- Bring a favorite toy or stuffed animal.

## 5 Select Your Preferred Payment Method

Payment for the anesthesia services is required the day of the appointment, prior to the commencement of anesthesia. We accept the following forms of payment:



Personal checks are not accepted.

### PAYMENT NOTES

- Most insurance plans do not cover anesthesia for dental procedures, but we recommend reviewing coverage with your insurance company.
- If electing to use CareCredit, you must apply prior to the appointment. Go to [www.carecredit.com](http://www.carecredit.com) to learn more and apply.

# ADDITIONAL INFORMATION

## Meet the Team



### EXPERIENCE:

- 13 Years as a General Dentist
- 9 Years as an Anesthesiologist

**DR. HEATHER ROBINSON**  
DDS, FASDA, Diplomate ADBA

Born and raised in the St. Paul community, Dr. Robinson is a board certified anesthesiologist with over 22 years of experience in providing dentistry services in Minnesota's Twin Cities metropolitan area. In her personal time, Dr. Robinson enjoys playing knee hockey and basketball with her son, figure skating, running, and watching her son play his various activities including baseball, football, and hockey.



### EXPERIENCE:

- 5 Years of Anesthesia Experience

**DR. KARI CLELAND**  
DDS

Dr. Kari Cleland is a hospital-trained dentist anesthesiologist specializing in office-based anesthesia services. She is NDBA Board Certified as well as ACLS, PALS, and BLS certified. Dr. Cleland played Division I soccer at Austin Peay State University and is PADI Advanced Open Water Certified as a scuba diver. She runs marathons and triathlons with her husband, and enjoys spending time with her cat, Faye Valentine.

## Our Track Record

**3,000**  
PATIENTS PER YEAR

TENS OF  
**1,000s**  
TOTAL PATIENTS

PATIENT SAFETY IS OUR  
**NO. 1**  
PRIORITY

## Your Safety is Our #1 Priority

### WE GO ABOVE & BEYOND

The anesthesiologist will be monitoring you or your child 100% of the time. At NO time will you or your child be left alone or be under the care of untrained personnel. Our experience and ER training allows us to respond in any situation.

### OUR EQUIPMENT IS BEST-IN-CLASS

We provide our own state-of-the-art hospital-grade equipment that is properly handled & maintained.